## **Support Groups on Facebook**

## **TBI Hope & Inspiration**

https://www.facebook.com/tbihopeandinspiration/?hc\_ref=ARTQjC2DpU\_ZPtnlMiDgN4vD0TITFZW94mSQC2wHktvxt1K6LENBFyH38LB8oa2Wh7w&fref=nf

The primary focus of the TBI Hope & Inspiration community is to support those with a brain injury.

If you are a caregiver or a family member of someone with a brain injury, Sarah Grant founded <a href="www.facebook.com/TbiCaregiverSupport">www.facebook.com/TbiCaregiverSupport</a> to offer a place for compassionate support for those in need of a safe place to share.

## **Traumatic Brain Injury Support Group**

https://www.facebook.com/Traumatic-Brain-Injury-Support-Group-180684948672011/

Note: Just want to say that this page is here for support and advice for others. It has been fabulous and we have create a nice support system for many. That being said, please be sure to check with your healthcare provider and/or doctor regarding anything medically. We are not doctors. We are just regular people like you looking for someone going through the same thing we are.

### **TBI Caregivers & Supporters**

https://www.facebook.com/TbiCaregiverSupport/

The primary focus of the TBI Caregivers & Supporters community is to support those caring for a loved one with a brain injury. If you're experiencing challenges with an injury, you may find some comfort in our sister community, TBI Hope and Inspiration: /TBIHopeandInspiration. Welcome to the family! Let us know where you're from, how you got here, and how we can support you!

### **Traumatic Brain Injury Support**

https://www.facebook.com/pg/TBIsupport/about/?ref=page\_internal

This page is here to provide an avenue for TBI survivors and caregivers to receive support and also give support to others!

#### **Stroke Resources**

#### **National Stroke Association**

http://www.stroke.org/?gclid=CO-PiZSo-tUCFQ9EfgodKaYPZg

#### Stroke – Medline

https://medlineplus.gov/stroke.html

### **American Stroke Association**

http://www.strokeassociation.org/STROKEORG/AboutStroke/AboutStroke\_UCM\_308529\_SubHomePage.jsp

## **Resources for Getting Services Paid For**

This one is obviously challenging. I think The Family Caregivers Alliance is probably the best resource for finding out about services in each state.

https://www.caregiver.org/

# **Search Tips**

To filter searches to a specific domain, after typing in your search terms enter: site:edu, site:org, or site:gov

Example:

brain injury OR concussion site:edu

You can also filter out commercial sites by putting a – in front of site.

Example:

brain injury OR concussion -site:com